



Michael R. Pence, Governor
State of Indiana

Division of Aging

MS 21, 402 W. WASHINGTON STREET, P.O. BOX 7083
INDIANAPOLIS, IN 46207-7083
TOLL FREE: 1-888-673-0002
FAX: 317-232-7867

**Division of Aging Update
February 24, 2016**

Money Smart Week® returns April 23-30, 2016

Preparing for retirement? Saving for college? Repairing your credit? Or just wish you were better at managing your money? Sign up today for one of many financial education programs during [Money Smart Week®](#), April 23-30, 2016, coordinated by The Federal Reserve Bank of Chicago and hundreds of local partner organizations in all 50 states, including Indiana communities.

Money Smart Week® events are open to the public and held at businesses, financial institutions, schools, libraries, nonprofits and government agencies on topics including kids and money, credit building, managing student debt and retirement. Locate an event near you on [Indiana's event information](#) page on the Money Smart Week® website. Please note that more events will be listed as we get closer to the last week of April.

Adult Protective Services (APS) staff is also developing a financial exploitation presentation they will give at various community centers and agencies that work with endangered adults and their families. The training will be piloted in April for [Money Smart Week in the Indianapolis area](#), with the idea of expanding to other areas within the state.

Veterans' Suicide Prevention Crisis Line: 1-800-273-8255 Press 1

Whether you're a veteran, or a family member or friend concerned about a veteran, confidential assistance is only a call, click, or a text away. The Veterans Crisis Line is a toll-free resource that connects veterans in crisis and their families and friends with qualified, caring U.S. Department of Veterans Affairs (VA) responders.

You can call 1-800-273-8255 and Press 1, chat online at [VeteransCrisisLine.net](#), or send a text message to 838255 to receive free, confidential support 24/7/365, even if a veteran is not registered with VA or enrolled in VA health care, they can still receive assistance. Responders are specially trained and experienced in helping veterans of all ages and circumstances. When appropriate, Veterans Crisis Line responders refer calls to suicide prevention coordinators (SPCs), who follow up with veterans and coordinate care for issues ranging from post-traumatic stress disorder and depression to readjustment challenges and sleeping problems. Visit [VeteransCrisisLine.net/ResourceLocator](#) to find your local SPC.



Can older adults be organ donors?

Are you in your 50s, 60s, 70s or older? You've already made a big difference in the world— but your help is still needed. Regardless of your age or health status, you can save and improve lives by signing up as an organ, eye and tissue donor. National Institute on Aging Deputy Director Marie A. Bernard, M.D. says, "Age doesn't make you ineligible to sign up, nor do you have to be in perfect health. Your ability to donate is determined by a doctor at the time of death. More people today are living healthier lives and know about the importance of living and eating well and exercising, which means we're in better shape than ever."

The website www.organdonor.gov features information on organ donation geared toward people ages 50 and older. The site has information that attempts to dispel myths about organ donation with advancing age and provides answers to several frequently asked questions. You can also find specific instructions on how to register to be an organ donor in your state, including registering when you renew your driver's license.

Older adults seen by EMS after a fall may be more receptive to fall prevention information

Emergency Medical Services (EMS) are often called upon to help older adults who have fallen, with many resulting in a trip to a hospital. A new study published in the February 2016 edition of the American Journal of Preventive Medicine set out to determine where falls occurred and under which conditions patients were transported to the hospital, as well as to identify future fall prevention efforts. The research showed that 17 percent of all 911 calls for adults ages 65 and over were fall-related. More than one in five (21 percent) of those emergency calls did not result in a trip to the emergency room, due to a variety of reasons.

Most falls occur at home (60.2 percent), which creates teachable moments for EMS providers who can provide important fall prevention information to older adults, in privacy in their own homes. There have been no widespread national efforts to have EMS providers incorporate fall prevention into their activities, but this study suggests evidence that doing so is a feasible and underutilized prevention opportunity. Access the full-text of the article by [clicking here](#).

Indiana's 2016 General Assembly

Jonesing for a pie chart? Visit the [Top Legislative Subjects](#) page to view a representation of this year's bills from the top six categories: schools, crimes and offenses, health, children and minors, law enforcement, and property taxes. Click on a piece of the pie to scroll through those bills by legislative subject matter.